



# Return to Play Protocol & Guidelines

**Calvert Soccer Association  
2020-2021**

4/29/2021





# GAME DAY

## GAME DAY PROCEDURES

- **HEALTH CHECK COMPLETED** Player cannot play without health check completed. No Exceptions.
- Parents, PLAYERS and Coaches **are not required** to wear a mask when participating in outdoor activities.
- Spectators must remain 6 feet apart on parent sideline. No Exceptions.



# COVID-19 Mitigation & Safety Plan

CSA is following the protocols by Maryland state and Calvert County Health officials, US Soccer, US Youth Soccer and MSYSA to prepare this document <https://www.msypa.org/covid-19/msypa-updates/>

We will continue to monitor State and Local Health Department guidance and if that information necessitates additional restrictions or a return to an earlier Phase of Return to Play, we will do so immediately.

Our goal is to put best practices in place to address the health, safety, and welfare of youth soccer players, parents, and coaches.



# **BEST PRACTICES IMPLEMENTATION**

CSA stands ready to revise these procedures with the latest information as needed to deliver the safest soccer environment possible.

All coaches, players, and parents/guardians are expected to comply with all of the Covid guidelines provided in this document. Any team not in compliance will not be permitted to practice or play games.

Implementation will require coordinated and cooperative efforts among soccer clubs, teams, referees, coaches, players, and parents/guardians.

Parents/guardians are the only ones who can make the decision for their child to participate



# IMPORTANT NOTES

1. If your child is sick or has symptoms of an illness. **Stay home regardless of what is causing your illness.**
2. Participation is only allowed if you have not been in close contact with someone who has Covid-19. According to the CDC, close contact is defined as:
  - Being within 6 feet of a positive person for 15 minutes, either consecutively or cumulatively.
  - Having direct physical contact with the positive person (hugged or kissed them)
  - Shared eating or drinking utensils
  - Having been sneezed, coughed, or somehow got respiratory droplets on you.
3. Contact CSA ([president@calvertsoccer.org](mailto:president@calvertsoccer.org)) if any possible exposures have occurred in your team environment.



## Phase 3 Protocols- Coaches

### Coaches Responsibilities:

- Coaches will check to ensure that players have completed self health screening survey 30 minutes prior to each training, scrimmage, or game.
- No benches, tables, or tents on sidelines.
- Only the coach may move goals, handle cones, disks, etc.
- Coaches will not use pinnies during practice. Coaches are responsible for coordinating with Players to bring multiple color jerseys to training.



## Phase 3 Protocols- **Players (A)**

### Player Responsibilities:

- Participation in any group activities is only allowed if you have had no signs or symptoms of Covid-19 for a minimum period of 10 days before participation **AND..**
- Participation is only allowed if you have not been in close contact with someone who has Covid-19. According to the CDC close contact is defined as:
  - Being within 6 feet of a positive person for 15 minutes, either consecutively or cumulatively.
  - Having direct physical contact with the positive person (hugged or kissed them)
  - Shared eating or drinking utensils
  - They sneezed, coughed, or somehow got respiratory droplets on you



## Phase 3 Protocols- **Players (B)**

### Player Responsibilities:

- Players must wash hands or use hand sanitizer before and after each training session or game.
- All equipment must be disinfected/laundry before and after each game or practice.
- No spitting will be permitted.
- Hand contact of any kind will be prohibited (handshakes, high fives, etc)
- Players must bring their own water for hydration.





## Phase 3 Protocols- Parents

- Ensure your child is healthy, Confirm the following **Health Evaluation Prior** to arriving at the field. If yes to any, please do not permit your child to participate:
  - Do you have a temp. >100.4 F?
  - Are you currently experiencing symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
  - Have you been in close contact with a person known to have Covid-19
- Spectators and guests should bring personal hand sanitizer and wipes to all games/practices.
- Abide by social distancing policy of maintaining a distance of 6 ft away from other spectators outside of your immediate household



## Phase 3 Protocols- Reporting

- If your child is experiencing symptoms of COVID-19 or has received a positive test result he or she should stay home and quarantine for a minimum of 10 days.
- Confirm the following health evaluation for your child prior to arriving at the field. If yes to any, please do not participate.
  - Do you have a temp. >100.4 F?
  - Are you currently experiencing symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
  - Have you been in close contact with a person known to have Covid-19
- If your child has been in close contact with someone who has Covid-19 they should quarantine for a minimum of 10 days. According to the CDC close contact is defined as:
  - Being within 6 feet of a positive person for 15 minutes, either consecutively or cumulatively.
  - Having direct physical contact with the positive person (hugged or kissed them)
  - Shared eating or drinking utensils
  - They sneezed, coughed, or somehow got respiratory droplets on you



## Phase 3 Protocols- Reporting

- Local public health authorities make the final decisions about how long quarantine should last. However, options considered to stop quarantine are:
  - After 10 days without testing
  - After day 7 of quarantine and receiving a negative test result ( test must occur on day 5 or later)
- All possible or confirmed player exposures to Covid-19 **MUST** be immediately reported to CSA at the following email address ([president@calvertsoccer.org](mailto:president@calvertsoccer.org))