



Return to Play Protocol & Guidelines

**Calvert Soccer Association
2020-2021**





COVID-19 Mitigation & Safety Plan

- CSA is following guidance by Maryland state officials, US Soccer, US Youth Soccer and MSYSA to prepare this document <https://www.msypa.org/covid-19/msypa-updates/>
- Our goal is to put best practices in place to address the health, safety, and welfare of youth soccer players, parents, and coaches.
- Risk of exposure to communicable diseases **cannot** be 100% eliminated. However, all participants, coaches, and staff should follow COVID-19 health guidelines:
 - Wash hands regularly
 - Avoid touching face
 - Cough or sneeze into elbow
 - Clean and disinfect high contact surfaces



Best Practices Implementation

- CSA stands ready to revise these procedures with the latest information as needed to deliver the safest soccer environment possible.
- All coaches, players, and parents/guardians are expected to comply with all of the Covid guidelines provided in this document. Any team not in compliance will not be permitted to practice or play games.
- Implementation will require coordinated and cooperative efforts among soccer clubs, teams, referees, coaches, players, and parents/guardians.
- Parents/guardians are the only ones who can make the decision for their child to participate.



Promote behaviors that increase healthy soccer environments

- Require participants to wear proper face coverings when necessary
- Increase cleaning and disinfecting
- Encourage self-checks and staying home when appropriate
- Request increased hygiene and respiratory etiquette
- Reduce possibilities of shared objects
- Modify field area layouts to allow for social distancing. Leagues and tournaments are introducing designated spectator areas.



CSA Participant Protocol Checklists





Player & Coach Requirements

- Must always wear a mask while at the facility “in public”. Public is anytime when not on the field of play.
- Coaches and Players must always wear a mask when not on the field of play during games.
- Coaches must always wear a mask when addressing the team or a player within a 6 ft radius.
- Coaches and players should maintain social distancing during breaks and at all times when off the field of play.
- Confirm the following health evaluation prior to arriving at the field. If yes to any, please do not participate.
 - Do you have a temp. >100.4 F?
 - Are you currently experiencing symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
 - Have you been in close contact with a person known to have Covid-19
- Mark specific areas for players around the team sideline to provide social distancing for players and player equipment (bags).



Player & Coach Requirements

- Do not use team benches because they do not support social distancing. Players can bring individual chairs.
- Tents may not be used to shield players from the weather because they do not support social distancing. Players can bring individual umbrellas.
- Do not share pennies or other equipment.
- All equipment must be disinfected/laundry before and after each game or practice.
- No spitting will be permitted.
- Hand contact of any kind will be prohibited (handshakes, high fives, etc)
- Coach and players should sanitize their hands each time they come on and/or off the field of play.
- Abide by any other local or facility rules.



Parents and Spectators

- Confirm the following health evaluation on your player and yourself prior to arriving at the field. If yes to any, please do not participate.
 - Do you have a temp. >100.4 F?
 - Are you currently experiencing symptoms including fever, cough, shortness of breath, lost sense of smell or taste, nausea/vomiting/diarrhea?
 - Have you been in close contact with a person known to have Covid-19
- Spectators and guests should bring personal hand sanitizer and wipes to all games/practices.
- All spectators must wear a face covering while outside of your vehicle.
- Abide by social distancing policy of maintaining a distance of 6 ft away from other spectators outside of your immediate household
- Abide by any other local or facility rules



Preparing for If/When Someone Gets Sick or Tests Positive

- Educate participants to recognize the signs and symptoms
- If your child is experiencing symptoms of COVID-19 or has received a positive test result he or she should stay home.
- If someone in your family is experiencing symptoms or received a positive test result within the past 14 days, your child should stay home.
- Please notify your coach immediately if you or someone in your family is experiencing symptoms or received a positive test result within the past 14 days.
- Coaches are to notify the Director of Coaching so participant tracing procedures can be implemented.